

Learning Development (CPD) Group

This group will be co-facilitated by Katie Banks MSc PTSTA and Sheila Halliday MSc PTSTA. There are 6 spaces available in the group and it will meet on Saturday afternoons in Edinburgh, every second month (frequency negotiable). The fees charged will cover usual supervisory hourly rate and will depend on the group size.

The group offers participants a space to bring clinical work, exam preparation (diploma, CTA, MSc), and further professional development. This might include preparing for oral/viva exams, discussion of written work, focus on a specific piece of theory, supervision or discussion of a particular area or topic of interest. The group will be shaped to meet the needs and requirements of participants on the day. There will be flexibility in the structure of the group and the opportunity to work in large or smaller groups subject to the needs of the participants at any given session.

About Katie and Sheila

Our predominant focus is the relational approach and we are qualified and experienced in working across all schools and approaches of Transactional Analysis. We are passionate about helping individuals develop their particular style as counsellors and psychotherapists.

Sheila has a private practice in Edinburgh and provides supervision in Edinburgh and London, where she has been a teaching apprentice at Metanoia Institute for the last 3 years. She has a keen interest in dyslexia and is developing this into her supervisory and clinical practice.

Katie has a private practice in Edinburgh and East Lothian and provides supervision in Edinburgh. She worked as the academic student support advisor at Physis Training, Edinburgh for 2 years where she supported students on the Queen Margaret University masters programme. She is published in the Transactional Analysis Journal: <http://journals.sagepub.com>

Both Sheila and Katie are committee members of the UKCP Scottish Public Policy Forum (SPPF) and are currently involved in progressing research focussing on areas of mental health in Scotland.

If you are interested in finding out more about this group please contact either Katie or Sheila.

www.therapysolutions-scotland.com

www.shalliday.co.uk